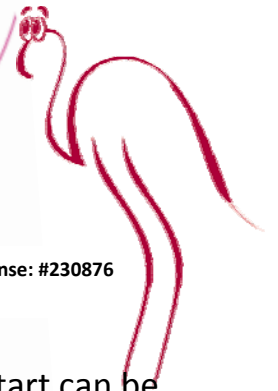


FLAMINGO HOMECARE, LLC

Caregivers Companions Respite

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If you never had to care for an aging parent before, knowing where to start can be confusing. **Flamingo Homecare** is pleased to provide you with this guide to help determine if your parent may have reached the age where a little extra outside help is needed.

- Do the clothes they are wearing have food stains?
- Is their hair combed completely?
- Do their teeth appear clean or in need of care?
- Does she continue to wear makeup?
- How do their shoes look?
- Is the house orderly and clean?
- Do they call you by name?
- Are they speaking in a normally loudness/softness tone of voice?
- Are they informed about the news and local events?
- Have they continued their outside activities, hobbies and friendships?
- Do they have future plans or goals?
- Does the house have any unpleasant odors?
- Do the cupboards or refrigerator or smell?
- Are the plants healthy and cared for?
- Is there an unusual amount of garbage, clutter, dust, or dirt?

- Do they have fresh food and stocked pantry items?
- Look at the expiration dates. How does the food taste?
- Does the person appear to move around the kitchen safely?
- Are there a variety of prescriptions?
- Do the medications come from several different doctors or pharmacies?
- What about the expiration dates on the medications?
- Do they appear healthy?
- Touch their skin - is it soft, supple and is the color normal?
- Do they have unusual tearing or bruising of the skin?
- Are they losing weight?
- How are their sight, hearing and taste?

▶▶▶ www.flamingohomecare.com

*Specializing in
Alzheimer's & Dementia
care*